NEWS FROM THE SOCIETY

Going to the EDGE of Innovation, Empowerment

A MDA – The Society for Post-Acute and Long-Term Care Medicine’s EDGE Symposium is back for another year of exploring practical approaches to “mending the cracks” in the PALTC system through engaging lectures, panel discussions, and facilitated small group interaction. The virtual program is set for October 28, and attendees will get practical takeaways they can apply to their practices and share with their teams and colleagues.

In announcing the first EDGE Symposium last year, Diane Sanders-Cepeda, DO, CMD, said, “Determining what issues to address and how to be forward thinking when there are so many topics, concerns, needs, and challenges demanding our attention, it is like looking over a cliff at the vastness around you and thinking about the possibilities.” She further observed, “We want to address issues that don’t normally get this kind of attention — with real dialogue.”

During this one-day program, topics will include:
- Leadership, advocacy and policy
- Ethics
- Behavioral health
- Staffing challenges
- Diversity, equity, and inclusion
- DIVERGENCE at the EDGE: a continuing series of debates on controversial topics in PALTC

Registration is now open at https://bit.ly/3PHoUaN. Register by August 31 and save! ⚠️

Healing Together in Today’s Tragic Times

T his is a difficult time for our country, with shootings leaving many victims — and their grieving families — behind. The impact of these horrific events affects us individually and collectively and is compounded by the stress of the pandemic and ongoing crises at home and abroad.

The Behavioral and Mental Health Advisory Council of AMDA – The Society for Post-Acute and Long-Term Care Medicine wants to support you and your staff as we all struggle to process the accumulating trauma and how it is affecting us. As a message from the Council states, “The experience of an event and whether a person perceives it as traumatic is different for every individual. It is important to understand that trauma manifests in many ways, including emotionally ... Working through a potentially traumatic experience includes noticing and naming your feelings (e.g., devastation, agony, rage, confusion, vulnerability, anxiety, apathy, fatigue, and panic, to name a few). Noticing sensations within the body is essential to helping process the experience, e.g., tense, limp, closed, constricted, nervous, nauseous, or trembly.” Read the Council’s entire message at https://bit.ly/3R7Dr1F.

The Council also has helpful resources for you, including a list of secondary traumatic stress symptoms and suggestions for being more empathetic (“Principles of Trauma-Informed Care,” https://bit.ly/3yzOxLl).

A New Opportunity to Network With Your Peers

A MDA – The Society for Post-Acute and Long-Term Care Medicine is now holding Member Open Forum discussions via Zoom every Friday at 4:00 p.m. EST; These meetings are free for all Society members. This is your chance to raise and discuss topics and issues that are important to you! Every week one of your esteemed Society colleagues will moderate the discussion. Some weeks may be themed, but others will follow the natural flow of conversation.

For more than two years, the Society has held COVID-19 State Task Force meetings every Friday to discuss issues and policy with Society leaders at the state level. The meetings have been very well received. The group now has decided to expand the scope of these conversations and to open them up to all Society members. Register now at https://profile.paltc.org/Open_Forum (login is required).

We celebrate the 2022 IAB Partners, listed below, for investing and engaging in this important PALTC forum. Thank you!

We also offer gracious thanks to our volunteer IAB Program Subcommittee Members: Denise Wassenara, RN, MSW; James Lett, MD, CMD; David Smith, MD, CMD; Dan Haimowitz, MD, CMD; Tom Haithcoat; Frank Grosso; and Elizabeth Sobczyk, MPH, MSW.

Drs. Lett and Smith are co-chairs of the Industry Advisory Board for the Foundation for PALTC Medicine.

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Society clinicians and medical directors are involved in more than nursing homes. Most Society clinicians practice and serve as medical directors in hospitals, assisted living facilities, Programs for All-Inclusive Care for the Elderly (PACE), senior apartments, adult day care facilities, and Special Needs Plans (SNP) while maintaining an office practice. Their involvement in accountable care organizations (ACO), bundled payment plans, and other forms of alternative payment models (APM) has exponentially increased the reach of the Society’s clinician community.

A DONT’T MISS THESE EVENTS

August 5-7, 2022
Georgia Medical Directors Association Summer Symposium
Savannah, GA
Website: https://bit.ly/3PaNeqG

August 5-7, 2022
TGS/TMDA Annual Conference
Sugar Land, TX
Website: https://tgstmdaconference.org/

August 18, 2022
AMDA Drive to Deprescribe Meeting
Website: https://bit.ly/3saq5Ket

August 25, 2022
Roundtable Discussion: More of a Good Thing: A Framework to Grow & Strengthen the PALTC Workforce
Website: https://bit.ly/3oocOds

September 15, 2022
AMDA Drive to Deprescribe Meeting
Website: https://bit.ly/3saq5Ket

September 22, 2022
Roundtable Discussion: More of a Good Thing: A Framework to Grow & Strengthen the PALTC Workforce
Website: https://bit.ly/3oocOds

September 24, 2022
Excellence in Long-Term Care
Virginia Beach, VA
Email: arivera_ltc@yahoo.com